

<b>Toxin</b>	<b>Kidney pathology/damage associated</b>
Aristolochic acid	“herbal nephropathy”
Cats claw	Hypertension (high blood pressure); acute kidney injury
Ephedra	Hypertension; kidney stones
Noni juice	Hyperkalaemia (high blood potassium)
Peppermint oil	Interstitial nephritis (inflamed kidneys – often miss diagnosed as a urinary infection)
St John’s wort	Interstitial nephritis (inflamed kidneys – often miss diagnosed as a urinary infection)
Yohimbine	Progression of chronic kidney disease